

# TIMETABLE GALEB BJJ SPRINGWOOD

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

## MORNING

PRIVATE  
LESSON

PRIVATE  
LESSON

Rolling **NO GI**  
7:30-8:30 AM

Adult All Levels  
9:30-10:30 AM

Adult All Levels  
9:30-10:30 AM

KIDS & JUNIORS **NO GI**  
8:30-9:20 AM

## EVENING

Kids 1  
4:00-4:40 PM

Kids 1  
4:00-4:40 PM

Kids 1 & 2  
4:00-4:40 PM

Kids 2  
4:40-5:20 PM

Juniors 1 & 2  
4:40-5:20 PM

Kids 2  
4:40-5:20 PM

Juniors 1 & 2 **NO GI**  
4:40-5:20 PM

Juniors 1 & 2  
4:40-5:20 PM

Juniors Advanced  
5:20-6:00 PM

Juniors 3  
5:20-6:00 PM

Juniors 3 **NO GI**  
5:20-6:00 PM

Juniors 3  
5:20-6:00 PM

BJJ Womens  
5:20-6:00 PM

BJJ Womens  
5:20-6:00 PM

Fundamentals  
6:00-7:00 PM

Adult All Levels  
6:00-7:00 PM

Fundamentals  
6:00-7:00 PM

Adult **NO GI**  
6:00-7:15 PM

Rolling GI  
6:00-7:00 PM

Advanced  
7:00-8:00 PM

Adult **NO GI**  
7:00-8:00 PM

Advanced  
7:00-8:00 PM